

Museum of the

Museum of the Marine Corps page 4

New and Improved! Village Center to undergo an exciting renovation

On July 6, the Village Center will close for approximately two months for a much anticipated renovation. While the building has been kept in good repair over the last 30 years, the Council has decided it is time for a fresh look.

When the Center re-opens to the community, you will see many improvements:

- Expanded, more accessible bathrooms.
- Energy-efficient LED lighting throughout the building.



Options presented by the architect for the new color scheme. Green was chosen.

A fun-filled Fourth in Friendship Heights

Celebrate our nation's birthday with patriotic music, grilled hot dogs, and tons of family fun at the Friendship Heights Village Center.

The party, begins at **2 p.m. on Monday**, **July 4, and continues until 4 p.m** in the Center and in Hubert Humphrey Park. This year's band features two-time Grammy nominee David McLaughlin.

We'll also have a trackless train, a clown and facepainting. Once again, we'll provide delicious hot dogs, popcorn, snow cones, and cupcakes.

Join us for old-fashioned fun and a lot of community spirit. During our program, we'll honor residents Dorothy Hall and Sheila Manes for their service to the community. We will also present the Elizabeth Scull Award to the Bethesda-Chevy Chase Rescue Squad.

The event is free. See you on the Fourth!

Continued on page 3

Spend a relaxing day in Rehoboth Beach, Del.

Escape the city and enjoy a day of sun, surf and shopping as we travel to Rehoboth Beach, Del., on **Thursday, Aug. 25.**

We'll do the driving while you take in the scenery, including a spectacular view of the Chesapeake Bay and the charming towns and farms en route to the Atlantic Ocean.

Once there, you may choose to stroll on the boardwalk, savor a seafood lunch or just take in the sea air. Or if shopping is your favorite pasttime, you may spend the day exploring the outlet stores along Route 1 or at the beach or both, as you take advantage of Delaware's

Continued on page 11



"Villages" update: Questionnaires show both need and volunteer capacity

The 264 "Villages" questionnaires returned to the planning committee have been compiled and a summary analysis prepared. The results show both the need and the volunteer capacity for such a concept. Most of the questionnaires were completed by individuals in the age category of 65–85. The services needed most were technology (help with computers, TVs, smart phones, etc. (85) and transportation to medical and other appointments (84). Next ranked were calls/visits from neighbors (53). 105 respondents said they were willing to volunteer; another 109 said they would be willing in the future. To read the summary analysis, go to www.

friendshipheightsmd.gov and click on "What's New?" To be added to the email list for future information updates, send an email to Carolina Jones at czjones28@ gmail.com

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Friendship Heights

4601 N Park Ave., #10C Chevy Chase, MD 20815 (at the Elizabeth Arcade, free garage parking!)

phone **301-654-9355** | **fh@getwell-rehab.com**www.getwell-rehab.com **f** find us on facebook



www.friendshipheightsmd.gov Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the August issue is July 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Council News, Continued from page 1

- A much improved auditorium. New flooring, new partition, new lighting, new sound-absorbing panels, and new shades. It's a wonderful venue for Village programs and certainly worth a look if you have a private event coming up.
- A new kitchen that will be better for Village events and better for catering private functions.
- New carpeting throughout, and lighter, brighter paint colors.
- Additional custom shelving in the library.
- New and restored woodwork throughout.

At its June 13 meeting, the Council selected Harry Braswell, Inc. as the general contractor. The work will be supervised by Walton Madden Cooper Robinson Poness, the original architects for the building who have also designed the renovation. The cost of the project is expected to be \$540,017 with a 10% allowance for contingencies. We are fortunate that this amount will be partially offset by a \$100,000 contribution from the state of Maryland. We thank our District 16 representatives again



Floor plan for Center renovations

for making that happen.

The renovation is expected to be completed by Labor Day. While staff will be working during much of that time (and will be answering phones from 9 a.m. to 5 p.m., Monday through Friday), it was determined that the building would neither be safe nor particularly hospitable for public use during the construction period, due to the extensive disruption involved. The lack of useable restrooms for most of the time would also be a deterrent. Thanks to the cooperation of our neighboring buildings, however, our Village staff has made arrangements for many activities to continue over the summer. The weekly blood pressure screening and Suburban Hospital nurse program will be held at Brighton Gardens on Tuesdays from 12 to 4 p.m. The Current Events group will meet in the Willoughby. The Caregivers Support Group will meet at Brighton Gardens in July. A number of other groups and clubs will not meet in July or August. For a complete list see page 8–9.



Renderings of the new bathrooms

Presentation by WMATA official

Charlie Scott, Senior Government Relations Officer for Washington Metropolitan Area Transit Authority (WMATA), spoke at the June 13 Council meeting regarding the status of repairs to Metro. We will schedule another presentation from Mr. Scott to the community this fall.

Police statue to be restored

Our sculpture at the corner of South Park Avenue and The Hills Plaza needs a full-scale restoration after many years of being exposed to the elements and some vandalism. The sculpture will be removed and sent to New Jersey to be fully restored by the sculptor, J. Seward Johnson.

New Security contractor

The Council selected Securitas Security to provide security patrol and parking enforcement in the Village for an annual cost of \$106,519.

Other Council actions at the June 13 meeting:

- Appointed Council member Paula Durbin to serve on Bethesda Fire Department Board of Directors;
- Approved proposal from Eli's Heating & Air Conditioning to replace HVAC system at 4602 North Park Avenue for \$7,530;
- Approved proposal from Gali Service Industries to provide raises for contracted maintenance staff;
- Approved request from The Carleton to remove two trees;
- Approved proposal from State Construction Corporation to repair sinking pavement on The Hills Plaza for \$6,800;
- Approved Dorothy Hall and Sheila Manes to receive Community Service Awards on July 4.

Tour the Marine Corps Museum in July

A few spaces are still available for our trip to the National Museum of the Marine Corps in Quantico, Va., on **Thursday**, **July 21**.

We'll depart from the Village Center at 8:30 a.m. and travel to Quantico, Va., for a self-guided tour of this monument and museum featuring world-class interactive exhibits. The National Museum of the Marine Corps is a lasting tribute to U.S. Marines—past, present and future. Situated on a 135-acre site adjacent to the Marine Corps Base in Quantico, the museum's soaring design evokes the image of the flag-raisers of Iwo Jima and beckons visitors to this 120,000 squarefoot structure. Following our visit, we'll have lunch at The Globe and Laurel Restaurant, opened in 1968 by retired Marine Major Richard Spooner. Our luncheon includes soup or salad; a choice of beef tips over mashed potatoes, crab cake sandwich with french fries, chicken Caesar salad, or shaved roast beef with melted provolone cheese on a French bread roll; and chef's choice for dessert.

The cost is \$68, which includes transportation, admission to the museum, lunch, and all taxes and gratuities. **Signups end July 5.**

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ART and CULTURE

MAA at Friendship Gallery

The Montgomery Art Association's exhibit titled "Creative Expressions 2016" will continue in the Friendship Gallery until July 4. Awards were given in June by artist Debra Halprin in the categories Landscape, Portraits, Still Life, Abstract and Miniatures. MAA, whose members come from the entire metropolitan area, is in its 62nd year of operation. The organization sponsors regular lectures and artist demonstrations, member exhibits, museum field trips, a Gallery store in Westfield Wheaton, an online Members Gallery, and community outreach through children's art activities and a college scholarship program. Check their website, www.

MontgomeryArt.org, for more information.

Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk receptionist when you arrive. Please note that all sales of art are final.



2016 third-place landscape winner: "A Meadow Stroll," painting by Terry Pellmar.

website: www.nancymellonrealty.com Nancy Mellon Realty **INTEREST RATES** $N_{ancy} \underline{M} ellon \underline{R} ealty$ Chevy Chase, MD 20815 301-951-0668 ARE LOW Rates on long-term fixed-rate mortgages are at their lowest in decades. Now is the perfect time to take advantage of low interest rates and low home prices! Sales * Purchases * Rental Management Condominium, Home and Townhouse BETHESDA · CHEVY CHASE · ROCKVILLE 301-951-0668 POTOMAC · KENSINGTON · SILVER SPRING 4500 N Park Ave., Suite 804N, Chevy Chase, MD 20815 GAITHERSBURG · MARYLAND · WASHINGTON, DC

Friendship Heights Village Center



Calendar of Events 2016

	J	U	L	. 1	<u>′</u>	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	lage Center will ovations beginn through Augus	ing July 6	Please save these da Details in next mont Flu shots Sept. 28, 1- AARP Safe Driving O	th's newsletter: -4 p.m	9:30 a.m. to 1 p.m.: Children's Art Camp	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
3	Center open 9 a.m. to 2 p.m. 2 to 4 p.m.: Fourth of July Celebration Shuttle bus runs on weekend schedule	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens) 7 p.m.: Pilates	6 12 p.m.: Chess group 7 p.m.: Concert: Robert Redd Trio Weather permitting	8:15 a.m.: Walking Club 6:15 p.m.: Scrabble (at the Elizabeth)	8 10:30 a.m.: Current Events (at the Willoughby)	9 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
10	11 10 a.m.: Great Books (at Brighton Gardens) 7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING at 4620 North Park Ave.	8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens)	7 p.m.: Concert: Marsha and the Positrons Weather permitting	8:15 a.m.: Walking Club 6:15 p.m.: Scrabble (at the Elizabeth)	15 10:30 a.m.: Current Events (at the Willoughby)	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
17	10 a.m.: Great Books (at Brighton Gardens) 6:30 p.m.: Caregivers Support Group (at Brighton Gardens)	8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens)	7 p.m.: Concert: IONA Weather permitting	8:15 a.m.: Walking Club 8:30 a.m.: Depart for Marine Museum	10:30 a.m.: Current Events (at the Willoughby)	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
31	25 10 a.m.: Great Books (at Brighton Gardens) 10 a.m 2 p.m.: MVA Mobile Office	8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens)	7 p.m.: Concert: Music Pilgrim Trio Weather permitting	8:15 a.m.: Walking Club	10:30 a.m.: Current Events (at the Willoughby)	30

Shuttle bus hours



Monday through Friday Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.



Friend us!
Check out the Village
Facebook page at
www.facebook.com/
VillageofFriendshipHeights

Thank You!

Our thanks to The Willoughby, The Elizabeth, and Brighton Gardens at Friendship Heights for hosting some of our programs during the renovations of the Village Center. We appreciate our neighbors!

CLASSES and CLUBS

PLEASE SIGN UP <u>AT LEAST</u> 48 HOURS BEFORE THE START OF A SESSION — A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi and sample classes are required to sign a liability waiver when they register.

Please note: Art and exercise classes will not meet at the Village Center in July or August. Ongoing programs and groups are listed below with information about their plans for the rest of the summer.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings Tuesdays from 12 to 4 p.m. The nurse is also available for consultations Tuesdays from 2 to 4 p.m. **During July and August, the nurse will be at Brighton Gardens. Please check at the front desk; staff will direct you to the room.**

CAREGIVERS SUPPORT GROUP

A monthly meeting of family caregivers who are caring for parents, partners or children with serious illness or dementia. Facilitated by Judith Bernstein, a clinical social worker and certified advanced social work case manager. A partnership of Brighton Gardens of Friendship Heights and the Village of Friendship Heights. The group will meet at Brighton Gardens in July. Free parking is available in the underground garage if you need it; use the intercom at the garage

entrance to ask the concierge to lift the gate. The group will not meet in August.

CHESS

An informal group plays chess on Wednesdays from 12 to 2:30 p.m. **The group will not meet in July or August.**

CURRENT EVENTS

This long-running discussion group meets every Friday from 10:30 a.m. to noon. Beginning July 8 the group will meet in the Willoughby party room. Please use the 4515 Willard Ave. entrance.

CONCERTS

Free live music is presented on Wednesday evenings. Check the calendar and concert page for each week's performance information. Concerts will be held in Humphrey Park, weather permitting.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Meets Mondays from 10 to 11:45 a.m. Contact Jean McNelis at 301-656-6695. **During July and August, the group will meet at Brighton Gardens. Please check at the front desk; staff will direct you to the room.**

HEALTH INS. COUNSELING

Free assistance offered by the University of Maryland Extension's

Senior Health Insurance Assistance Program. Due to a reduction in staff, all help is now handled on the phone. Please call 301-590-2819 and leave your name, phone number and a brief message. Your call will be returned within two days.

SCRABBLE

A group of Scrabble players meets Thursdays from 6 to 8 p.m. All are welcome. **The group will meet in the west lobby of The Elizabeth on July 7 and 14 and August 4 and 11.**

TEA

Village residents are invited to tea every Tuesday from 3 to 4 p.m. **Tea** will not be served during July or August.

VILLAGE BOOK CLUB

The book club meets monthly to discuss books chosen by the group.

The group will not meet in July or August.

VILLAGE BRIDGE CLUB

The bridge club meets every Monday from 12:30 to 3:30 p.m. **The group** will not meet in July or August.

VILLAGE PLAYTIME

Children's play equipment is set up at the Village Center most Thursdays from 11 a.m. to 4 p.m. **Playtime will not be set up in July or August.**

VISION SUPPORT LUNCH AND LEARN

A partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friend-

Continued on page 9, see Classes and Clubs

Café Muse presents...

This month's Café Muse, on **Monday**, **July 18**, in collaboration with The Writer's Center, will feature poets Carrie Bennett and Celeste Doaks. *In July and August, while the Village Center undergoes renovation*, Café Muse will be presented at The Writer's Center, 4508 Walsh Street, off Wisconsin Ave. in Bethesda.

Carrie Bennett is a Massachusetts Cultural Council Artist Fellow who teaches in the Writing Program at Boston University. She is the author of two full-length collections of poetry, "biography of water" (winner of the Washington Prize, The Word Works, 2004) and "The Land Is a Painted Thing" (winner of the Hilary Tham Capital Collection, The Word Works, 2016), as well as several chapbooks from Dancing Girl Press: "A Quiet Winter, " "Animals in Pretty Cages," and "The Affair Fragments."

Celeste Doaks is the author of "Cornrows and Cornfields." Her poem "For the Chef at Helios Whose Name I Do Not Know" was nominated for a 2015 Pushcart Prize. Currently, she teaches creative writing at Morgan State University.

Café Muse opens at 7 p.m. with classical guitar by Michael Davis; readings begin at 7:30 p.m. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

The Word Works is a nonprofit literary organization publishing contemporary poetry in artistic editions and sponsoring public programs for more than 35 years. For more information visit www.wordworksdc.com.

Coming up August 15: poets Nancy Naomi Carlson and Jesse Lee Kercheval, at The Writer's Center, 4508 Walsh St. Bethesda Classes and Clubs, continued from page 8

ship Heights. The group will not meet in July or August.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

The group will continue to meet in front of the Village Center before walking.

YIDDISH

Meets weekly to speak and read in Yiddish. The group will not meet in July or August.







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CONCERTS

Concerts will be held from 7 to 8 p.m. in Humphrey Park in front of the Friendship Heights Village Center. In the event of inclement weather, the concert will be cancelled during the months of July and August.

Wednesday, July 6— Robert Redd Trio — Born and raised in the Washington area, pianist Robert Redd began playing trumpet at the age of 12 and performing professionally while still in high school. He also developed a serious interest in the piano and made the switch at age 23. He was a member of the Keter Betts trio for 13 years, performing at venues such as the Kennedy Center and Blues Alley. From 1995—1998, Mr. Redd was pianist and musical director for singer/songwriter Kenny Rankin. While touring with Rankin, he performed with Michael Moore and John B. Williams among others. They appeared regularly at venues in New York City such as The Rainbow and Stars and The Bottom Line, and performed in the guest artist series with the U.S. Air Force Band at DAR Constitution Hall. Mr. Redd worked as a member of the Charlie Byrd Trio.

Wednesday, July 13— *Marsha and the Positrons*— Marsha and the Positrons is led by singer/songwriter

Marsha Goodman-Wood, a former scientist and now mom of three turned "kindie" musician. Her concerts are fun, playful, educational and entertaining for adults and kids.

Wednesday, July 20 — *IONA* — The haunting songs, toe-tapping dances and humor of the Celtic people from Scotland to Spain to Brittany provide IONA with an incredibly varied repertoire. Conceived in 1986, IONA is the musical offspring of lead singer, bouzouki-, guitar- and bodhran-player Barbara Ryan and wind section player Bernard Argent. With fiddler Jim Queen and bass guitarist Chuck Lawhorn, IONA has become the leading Celtic group in the Mid-Atlantic region.

Wednesday, July 27 — *Music Pilgrim Trio* — Guitarist Vladimir Fridman, clarinetist Seth Kibel, and bassist Bob Abbott fuse jazz, klezmer, Russian, classical and Latin-American music styles through improvisation and virtuosity.



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TO YOUR HEALTH

Caregivers Support Group at Brighton Gardens in July

This month's meeting, for family caregivers who are caring for parents, partners or children with serious illness or dementia, will be held next door at Brighton Gardens on **Monday**,



July 18, from 6:30 to 8 p.m. Free parking will be available in the underground garage if you need it; use the intercom at the garage entrance to ask the concierge to lift the gate. Please check with the front desk for location of the room.

The meetings are led by Judith Bernstein of GPS Senior Care Partners. Judith is a clinical social worker and certified advanced social work case manager. The support group is a partnership of Brighton Gardens of Friendship Heights and the Village of Friendship Heights. Please note: the group is for caregivers only.

Rehoboth, continued from page 1

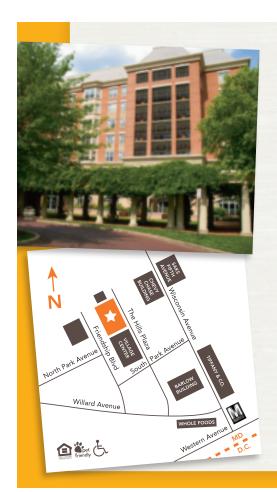
tax-free shopping. There are numerous cafés and restaurants along Rehoboth Avenue or the Boardwalk.

At the Tanger Surfside outlet center, you'll find Coach Factory, Cole Haan, Dooney & Bourke, Jones New York, Michael Kors, Kate Spade, Nine West, Polo Ralph Lauren, Vineyard Vines, Chico's and more.

We'll depart from the Village Center at 8 a.m., arriving in Rehoboth in time for you to enjoy lunch on your own. We'll return to the Village Center around 8 p.m.

The cost of the trip is \$65. **Sign-ups end on July 5.** Children ages 5 and older are welcome, but must be accompanied by an adult.





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BGFriendship Heights.com

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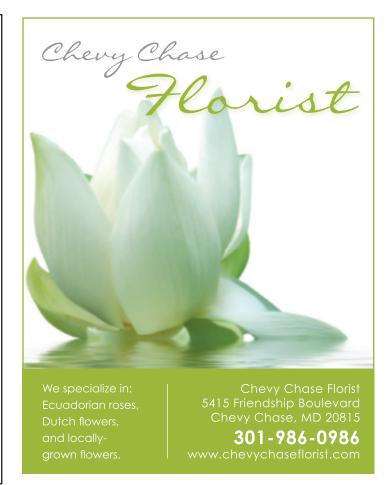
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www.friendshipheightsmd.gov

email: info@friendshipheightsmd.gov

phone: 301-656-2797

July 2016 events calendar